

#### Help us complete 402 Erb Street West!

You can help us complete 402 Erb by:

- 1) Joining a team for Ride for Refuge. The event takes place on Saturday, September 29th.
- 2) Donating to our Brick by Brick campaign (help us reach our goal of selling 20,000 bricks- we need 8,000 more!)
- 3) Sending direct donations through our website that can help us purchase furniture for 402 Erb Street West, create an accessible unit at 402 Erb, help support our work at 362 Erb Street West, etc. For information on how to donate to Supportive Housing of Waterloo, please visit our website at: http://www.showaterloo.org/





### **HORACE COELHO** A PROUD BOARD MEMBER

I have often thought about the parallels between those who are homeless and newcomers. Usually unemployed, lonely, isolated and a feeling of understanding of poverty and homelessness in disconnection from the mainstream community are common, and in 1972 Horace Coelho was no different. He arrived in Canada from India knowing no one, and had the good fortune to find a room in board of SHOW nine years ago and has been a the home of Hazel Sauve in Montreal. She became his family and provided him with the motivation to find work and community, he never forgot her and the gift of inclusion, shelter and family he so desperately needed.

Horace is a delightful, kind man who understands the importance of community, of caring for those who are most vulnerable, most often ignored. A man of great faith which he has translated into a life that has had him contribute to both SHOW and other community boards and we are so much the richer for his presence.

In 1974 Horace married his love Rita and after several moves settled in this Region where, since 2002, Horace has worked with CB Peter Benninger Real Estate and has won many accolades for his work. He is a tireless advocate not only for those who need housing, but for inclusion of our very multi cultural community on boards of directors. committees and associations. SHOW will be among the first agencies in this area to develop a board policy which is inclusive of diversity, we are very proud of his diligence and advocacy in this area.

Horace joined the SHOW Fundraising Committee as it worked to open 362 Erb Street West, his India as his motivation. Housing is foundational for Horace, he sells shelter for a living and believes it is a basic human need for all. Horace joined the passionate voice for those marginalized by poverty, homelessness and status. I believe there is a halo waiting for Horace.



## HOUSING **AND HEALTH**

- According to the Mental Health Commission's At Home Report on the Housing First Initiative, every \$10 invested on housing and supports for chronically homeless individuals results in \$21.72 in savings related to health care, social supports, housing and involvement in the justice system.
- Around 235,000 individuals experience homelessness in Canada each year, at an estimated cost of \$7.05 billion dollars.
- Housing First intervention operates at an estimated cost per year per person of \$22,257 for high needs individuals and \$14,777 for moderate needs individuals
- \$22,257 per person per year for high needs individuals, multiplied by 235,000 people equals a cost of approx. \$5.23 billion annually. This is a reduction of \$1.82 billion dollars from the estimated \$7.05 billion cost.
- Reductions come from fewer overnight stays in shelters and institutions such as hospitals, prisons, jails and addiction treatment facilities, as well as fewer pressures on the health care system such as less doctor, community clinic, and ER visits.
- Annual cost of housing someone while homeless:

Jail & hospitals (\$66,000 - \$120,000) Emergency shelters (\$13,000 - \$42,000) Supportive and transitional housing (\$13,000 - \$18,000) Housing without support (\$5,000 - \$8,000)

# MICHAEL SCHMITT CHAIR, BOARD OF DIRECTORS

hours to their causes, championing the work, recognize as an integral part of his humanity. advocating, sharing their passion. We are blessed in this community to have 12 such dedicated and President and Horace Coelho.

Catholic District School Board in 2011, as Director zoning and collaboration with developers to create of Education and was approached by a previous a community with homes for all. board member, Roger Lawlor, who thought Michael would be a good match for SHOW. How right he Michael has guided our board through by-law was! Michael was a volunteer at St. Louis Out of revisions, the creation of new and forward thinking the Cold Program and really liked working with the policies, strategic planning, and construction of our most vulnerable, recognizing the desperate need for new building at 402 Erb Street West. Our gratitude housing as a first step to creating stability. He was and appreciation for his leadership and support is encouraged to accept a nomination to our board immeasurable. Thank you.

Every non profit in our country is overseen by a Board in 2012. Michael has led our board with wisdom of Directors, unsung heroes who devote countless and a generosity of spirit which all who know him

In no time at all Michael recognized the enormous committed people helping guide our mandate, and challenges faced by the homeless, the tenacity grow our young agency. It is with this in mind that required to survive without a place to call home, the we recognize two individuals on our board who difficulty accessing health care or other basic services have been integral to, SHOW, Michael Schmitt, our such as mental health or addictions resources and has devoted much of his time and energy to serving the most marginalized. He has become a champion Michael retired from the Algonquin Lakeshore for affordable housing, improved funding, inclusive

#### THE VIEW FROM HERE

SHOW has been a very busy place over the past few months as construction at 402 Erb Street Housing people is a far cheaper alternative than West is getting closer to completion, and we plan the move in for some of our current tenants at 362 who are ready to embrace a more independent life. For those individuals SHOW has been their community, their family, their support system, the place that has provided them with care and compassion, but more important, with hope for a future that is stable and secure.

To build a new home for 9 people, and to maintain supports and housing security for 30 more does not come easily. We need you to stand behind us with donations to buy the bricks and mortar, to support the work of assisting folks to maintain This newsletter also features two of our board their housing stability because it makes sense. Homelessness in Canada costs us all more than \$7 billion annually, in emergency services, and Horace Coelho who has been a pillar for shelter costs, ER and hospital visits. To house a high needs person, it is estimated to cost an average of \$22,257, and for those who don't and kindness and we are very grateful for their need intensive supports, about \$14,777. With an estimated 200,000 homeless, we could save

close to \$3 billion by providing affordable homes. leaving them on the streets, but to do so needs the support of our community.

We are delighted to be part of Ride for Refuge happening on September 29, 2018 and invite you to visit our website and join a team, sponsor a team, create a family team, co-workers team, church community team, any kind of team you want and help us raise desperately needed funds for SHOW. We are counting on you to help make this day a memorable one as we invite our community to SHOW your support!

members, our President Michael Schmitt, who has been a tireless champion of our work, SHOW for over a decade. These two men personify dedication, commitment, generosity leadership.





# **Supportive Housing** of Waterloo

rideforrefuge.org/charity/supportive housingofwaterlooshow

what moves you? September 29, 2018

This fall, Supportive Housing of Waterloo is participating in the Ride for Refuge, a non-competitive bicycling and walking fundraiser with locations across Canada. Please help us raise funds to support the amazing work we do to help people attain housing stability

#### contact us

Visit rideforrefuge.org to start or join a team online today! If you have any questions, please contact us:

#### **Email Address:**

gael.gilbert@showaterloo.org Phone: 1-519-886-8200 Ask for: Gael Gilbert

- Our goal is to raise \$25,000
- To accomplish our goal we're looking for 12 Team Captains (of all shapes, sizes and stages) to recruit 6-8 friends and raise much needed funds .
- Of course, we're also looking for a whole pile of riders and walkers to join our teams and help us raise this critical \$25,000.
- Will you join us? We need you! What could be better than all of us squeezing into our spandex and sweating together while raising money for SHOW?



#### **BUILDING SUPPORTED HOUSING, BRICK BY BRICK**

Please help us build 402 Erb St. West by purchasing Bricks for \$5 each. 20,000 Bricks will create a new home for 9 people who desperately need affordable housing

Name:	
Address:	
Email:	
I wish to donate: \$100\$50	\$30   Other
I wish to pay by:chequeVISA	Mastercard
Name on Card:	CSH#
Credit Card #:	Expiry date:
Cheques are payable to Supportive Housing of Waterloo. Gifts of \$10.00 or more will be receipted for income tax purposes and are also accepted online at <a href="https://www.showaterloo.org">www.showaterloo.org</a> or at <a href="https://www.showaterloo.org">CanadaHelps.org</a>	
I want to buy a brick for \$5.00 each: #	