



To Our Friends,

March 17, 2020

We would like to take this opportunity to wish you all the best of health during these difficult times and to let you know we are doing everything possible to maintain the good health of our tenants, staff and board by following all possible proactive procedures to keep folks safe and well.

SHOW is aware that many of our donors are on their own and we know that many of the usual supports might not be available. If you are able to call or connect with others who might need a kind word, please do. Below are some numbers you might find useful. Additionally, there are some online support groups including CareMongers KW which has volunteers who might be able to pick up groceries, prescriptions etc. for those who are isolated and unable to get out. As a caring community I know many folks are doing their best to assist others and we are very grateful. Stay safe, stay home and stay well.

Gael Gilbert,
Executive Director

IMPORTANT CONTACTS

GOVERNMENT OF CANADA CORONA VIRUS INFO LINE

PHONE: 1-833-784-4397
WEBSITE: Canada.ca/coronavirus

PUBLIC HEALTH AUTHORITY

Hamilton: 905-546-2424 x 7970
Halton Region: 905-825-6000
Brantford: 519-753-4937
Region of Waterloo: 519-575-4400
Region of Peel: 905-799-7700
Wellington: 519-822-2715

TELE-HEALTH ONTARIO

PHONE: 1-866-797-0000
WEBSITE: www.ontario.ca/coronavirus

www.showaterloo.org

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